

SPORTS MINISTRY

MEN 'S BASKETBALL (Leagues - 21 & OLDER)

Ages 18 to 34 LEAGUE and Ages 35 and up LEAGUE

Tuesday and Wednesday evenings, September 22 through December 9, 7:30 to 10:30 p.m., in The Gym. Online registration opens July 27 at tpcc.org/events, and ends September 2. Cost: \$50 (includes TPCC league reversible jersey and book. More details online.

MEN'S BASKETBALL (21 & OLDER)

OPEN GYM

Mondays, 6 to 8 a.m. and Thursdays, 6 to 8 a.m., in The Gym.

CO-ED ADULT GOLF (LEAGUE)

Thursday evenings, May 21 through September 3, 5:30 p.m., at the Golf Club of Indianapolis. No registration necessary—just show up. Tee-off times are every 15 minutes. Cost: \$15 (pay at GCI; cost includes 9 holes of golf with cart). Contact Scott White (swwhite@tpcc.org) for more information.

CO-ED ADULT TENNIS (LEAGUE)

Monday evenings, June 8 through July 27, 6:30 to 8:30 p.m. Cost is \$50 (includes court fees and tennis balls). Court location: 875 East Zionsville Complex. Register online at tpcc.org/sports.

YOUTH BASKETBALL (LEAGUE)

Boys: Grades 1 to 4; Girls: Grades 1 to 8 – Fall 2015 league. Games on Saturdays, October 10 through December 12 (no games October 24 and November 28). Registration opens July 15 and ends September 13. Watch the tpcc.org website for details.

FITNESS*

Mon	9:15 to 10:15 a.m.	Boot Camp	Allison
Mon	10:20 to 11:20 a.m.	REFIT@	Amy
Tues	9:15 to 10:15 a.m.	Interval Training	Jackie
Tues	10:20 to 11:20 a.m.	Stretch	Meghan
Wed	6 to 7 a.m. (begins 6/3)	PiYo (Pilates/Yoga)	Julie
Wed	9:15 to 10:15 a.m.	Boot Camp	Tracey
Wed	10:20 to 11:20 a.m.	Pilates	Allison
Thurs	9:15 to 10:15 a.m.	Strength and Core	Jackie
Thurs	5:30 to 6:30 p.m.	Stretch	Meghan
Thurs	6:45 to 7:45 p.m.	REFIT@	Kelly
Fri	9:15 to 10:15 a.m.	Boot Camp	Carlie

*Child care available for morning 9:15 and 10:20 classes only. See tpcc.org/events for details and fees.

CO-ED VOLLEYBALL OPEN GYM (21 & OLDER)

Mondays, 7 to 9:30 p.m., in The Gym